



Middle School Bowling

Join Your School's Team - NO CUTS - Have FUN

**First Day
of Practice**

February 21st

4:30 PM to 5:30 PM

Location of practice
for each school
listed below.



BARBOUR
Don Carter Lanes

**BELVIDERE SOUTH,
BELVIDERE CENTRAL,
IMMANUEL LUTHERAN &
NORTH BOONE.**
Concordia Lanes

EISENHOWER
Don Carter Lanes

FLINN
Don Carter Lanes

HARLEM
Forest Hills Lanes

LINCOLN
Don Carter Lanes

LUTHERAN
Forest Hills Lanes

MONTESSORI
Cherry Bowl

RESA
Cherry Bowl

ROCKFORD CHRISTIAN
Cherry Bowl

**ROSCOE MIDDLE SCHOOL /
STEPHEN MACK /
WILLOW BROOK &
SOUTH BELOIT**
Viking Lanes

**WEST / MARSHALL /
KENNEDY**
Don Carter Lanes

WINNEBAGO
Cherry Bowl

CHRISTIAN LIFE
Park Lanes

ALL SAINTS
Park Lanes

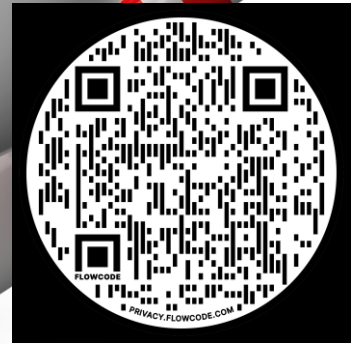
HOLY FAMILY
Park Lanes

ST BRIDGET'S
Park Lanes

ST. RITA
Park Lanes



Bowling is America's
#1 Participation Sport
70 Million people bowl
each year!



 **One of if not the Largest Middle School
Bowling Programs in the Country!**

Pre-Registration REQUIRED.
Register ONLINE ASAP!
Scan QR code or go to this link:
<https://bit.ly/MiddleSchoolBowling2023>



Program is
officially certified by
the United States
Bowling Congress



- Short & Flexible 10 week program -
- NO CUTS - ALL Students make the TEAM -
- No one rides the bench - EVERYONE Bowls -

**Everyone Loves Bowling, Have Fun,
Get Better, Make New Friends.
And it sure beats hours
on video games or social media.**

Is your school NOT listed?

The Middle School Bowling program is open to all Northern Illinois Middle Schools.
If your school is not listed please contact
Kelly Nimitz (815) 871-5591, Lori Peterson (815) 289-0309
or Jim Bannister (815) 988-1970 to get your school registered
or with any other questions you have about the program.
Your school may provide its own coach or we can help find one for you.
Even if your school wishes not to participate, no problem - we will place your student
on another school's team so they may enjoy all that bowling has to offer.

Have FUN, Gain Confidence, Make New Friends, Get OFF Video Games & Learn a Lifetime Sport

**Follow the Middle School Bowling Facebook Page
"Northern Illinois Middle School Bowling"**

website: www.Bowl815.com

When are Practices & Matches?

Practices will start Feb 21st @ 4:30 PM to 5:30 PM. Teams will practice typically two times per week until matches start then only one practice per week. Most teams will run practices on Tuesdays & Thursdays. Then once matches start the practice day will be on Thursdays with the match day on Tuesdays.

Program Fee?

A one time fee of \$99.00 pays for the entire program..... Including all bowling during practices, matches & select tournaments. Uniforms and awards are also included.

Do I need to be a good bowler?

Not at All! No bowling experience necessary!
EVERYONE makes the team. NO CUTS!

Your coach will make the program fun and you will become a better bowler!

Do I need to have my own bowling ball and shoes?

No, students may use house balls and shoes for FREE

Is transportation provided?

No school transportation is provided.

When are Competitions? (Matches are at 4:30 p.m.)

Varsity @ Cherry Bowl
Junior Varsity @ Don Carter Lanes
With other local centers used for some of the tournaments and/or matches.

Match #1 - March 7th Match #2 - March 14th
Match #3 - March 21st Match #4 - March 28th
Match #5 - April 4th Match #6 - April 11th
Match #7 - April 18th Match #8 - April 25th

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Optional Tournaments Dates:

King / Queen of the Hill - Date TBA

Pins over Average Tournament - Date TBA

Doubles Tournament - Date TBA

Top 16 Tournament Varsity & Junior Varsity - Date TBA

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Joining your Middle School's

Bowling Team is a great way to prepare for the High School Bowling Opportunities that exists in the Northern Illinois area.

High School Bowling is one of the Fastest Growing High School Sport in the Country.

Now more than 250 Colleges & Universities offer Bowling as a sport.

Locally, Rock Valley College has a very successful Women's and Men's Colligate Bowling Team, with Multiple National Championships.



Our local Bowling Foundation has awarded over 1.7 Million dollars in scholarship \$\$\$ to 815 area youth bowlers.



Local Scholarship \$\$\$\$\$
(Over 1.7 Million) Awarded



Program certified by the
United States Bowling Congress



In addition to the local Middle School competitions, teams may choose to participate in the IESA Secitonals / State Finals. Rockford area middle schools have won multiple IESA State Championships.