

**Summer 2023**

# REGISTRATION IS NOW OPEN ADULT SAND VOLLEYBALL LEAGUES.

## Co-Ed Teams

Six players on court  
at a time, of which a min.  
of 2 must be female.



Leagues Offered  
Everyday Except  
Saturdays

Season Length - 16 weeks plus up to 2 wks of playoffs  
(All Teams qualify for Playoffs)  
FREE end of season party!

### FREE Practice Court Time

Any Day or Night before the season starts  
(Weather Permitting)

Plus all season on Saturdays

Text - Tony Hall to make reservation  
(815)-558-0260

## Day of week / Divisions Offered / Start Date

Mondays - Lower Div Only - April 17th

Tuesdays - Lower Div Only - April 25th

Wednesdays - Upper & Lower - April 26th

Thursday - Upper & Lower - April 27th

Friday - Upper & Lower - April 28th

Sunday - Lower Div Only - April 16th

## Forest Hills Lanes Volleyball Complex

- Large Deck with Tiki Bar

- Two Regulation Courts

- Indoor Remodeled Restrooms

- Full Food & Beverage Service

Only paid entries will be accepted  
due to very high demand.

**Over 110  
Teams  
Last  
Summer**

Register ONLINE at  
[www.ForestHillsLanesil.com](http://www.ForestHillsLanesil.com)

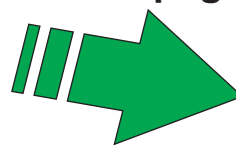
### New Longer Time Slots (1 Hr)

Weekday Leagues: 6:00 PM / 7:00 PM / 8:00 PM / 9:00 PM

Sunday Afternoon: 2:30 PM / 3:30 PM / 4:30 PM

Sunday Night: 5:30 PM / 6:30 PM / 7:30 PM / 8:30 PM

Scan QR Code  
to be directed to  
registration page.



7742 Forest Hills Road  
Loves Park, IL 61111  
(815) 654-3900

[www.foreshillslanesil.com](http://www.foreshillslanesil.com)

## Registration Fee

Only \$175 per team.

Covers the entire season plus playoffs.